



DEPARTMENT OF
EMERGENCY MEDICINE



CHRISTIAN MEDICAL COLLEGE VELLORE

PRESENTS

CMC EMAC 2026

2ND EMERGENCY MEDICINE ANNUAL CONFERENCE

THE GOLDEN HOUR

TIME. SKILL. RESUSCITATE. REPEAT

PRE-CONFERENCE WORKSHOPS

16-19 NOV

NOV

20, 21





THE
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HOUR

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ABOUT THE CONFERENCE

“The Golden Hour” focuses on the critical first hour in emergency care — the time window where rapid recognition, decisive action, and coordinated teamwork significantly influence patient outcomes.

This conference brings together Emergency Physicians, Postgraduates, Nurses, Paramedics, and healthcare professionals for two days of academic excellence, hands-on learning, and collaborative discussions in modern emergency and trauma care.

The program features:

Expert lectures

Panel discussions

Simulation-based learning

Trauma and critical care updates

Emergency procedures workshops

Research and poster presentations

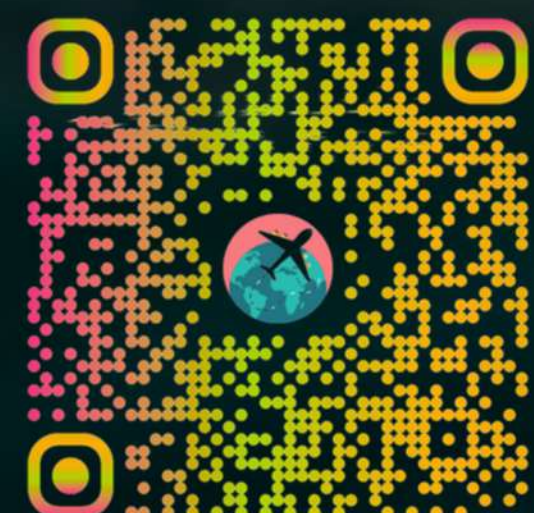
Academic Competitions



STAY CONNECTED

Follow @cmc_emac for conference updates, announcements & highlights.

https://www.instagram.com/cmc_emac?igsh=cjR1ZDJhMHBtMjE1&utm_source=qr





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CHRISTIAN MEDICAL COLLEGE VELLORE

ORGANISING COMMITTEE

CHAIRPERSON

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Professor & Ag. HOD

SECRETARY

Dr Gina Chandy
Professor

SCIENTIFIC COMMITTEE

Dr Neeraj George Paul P.
Dr Jeevan Kishore

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Dr Milan James

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Dr Muhammed Erfan

FINANCE COMMITTEE

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Dr Renie Garcia

MEDIA & COMMUNICATION

Dr Muhammed Erfan
Dr Geo George

HOSPITALITY COMMITTEE

Dr James Albert J.
Dr Baskar S.

EVENT MANAGEMENT COMMITTEE

Dr Geo George Thomas
Dr Sheejah Selvamani
Dr Koushik Visagan





DAY 01

TOPICS

Time	Topic	Speaker
08:00 – 09:00	Registration and Prayer	
09:00 – 09:20	Inauguration	
09:20 – 09:40	Time, Trauma, Truth: Redefining the Golden Hour	Dr. Sandeep Gore
09:40 – 10:00	Polytrauma Resuscitation: Blood, Blades, and Balloons	Dr. KPP Abhilash
10:00 – 10:20	Anticipating the Crash Airway	Dr. Jobin James
10:20 – 10:40	Coffee Break	
10:40 – 11:00	Golden Hour Resus in Burns	Dr. Dhavapalani Alagappan
11:00 – 11:20	STEMI: Pitfalls and Priorities in the golden hour	Dr. P. C. Rajeev
11:20 – 11:40	Reversing the Clock in Life-Threatening Arrhythmias	Dr. Ashima Sharma
11:40 – 12:00	Point-of-Care Diagnostics for the Golden Hour	Dr. Arjun James
12:00 – 12:20	Triage in the Golden Hour	Mrs. Jeyalinda Christopher
12:20 – 13:30	Lunch	
13:30 – 14:00	panel discussion Sepsis: after the guidelines and the Golden Hour	Dr. Basil Salim
		Dr. Vinayak SR
		Moderator: Dr. Ashwin Rajenesh
14:00 – 14:30	panel discussion Artificial Intelligence in Emergency Medicine: Tool, Teammate, or Threat?	Dr. Sanjay B.R.
		Dr. Sreejith Jayachandran
		Moderator: Dr. Ashwin Rajenesh
14:30 – 14:50	Tight Windows: Acute Stroke Management in the ED	Dr. Girish Narayan
14:50 – 15:10	The Fragile Golden Hour: Managing Geriatric Emergencies	Dr. Vimal Krishnan S.
15:10 – 15:40	Coffee Break	
15:40 – 16:00	The Vent Golden Hour: Early ED Strategies	Dr. Pankaj Kundra
16:00 – 16:20	Dialling the Core: Rapid Cooling and Aggressive Rewarming	Dr. Ashwin Rajenesh
16:20 – 17:00	Quiz – Prelims	Dr. Neeraj George Paul P. & crew





DAY 02

TOPICS

Time	Topic	Speaker
08:30 – 08:40	Prayer	
08:40 – 09:00	The Trauma Ecosystem: Policy, Systems, Impact	Dr. Srikanth Rangaiah
09:00 – 09:20	The Golden Hour in Transit: EMS and Pre-Arrival Activation	Dr. T.V. Ramakrishnan
09:20 – 09:40	Quality Metrics in the Golden Hour	Dr. Lallu Joseph
09:40 – 10:00	Beyond the Algorithm: Extracorporeal CPR	Dr. Andrew Coggins
10:00 – 10:20	Decisions in the Dark: Medico-Legal Navigation in the ED	Dr. Narendra Nath Jana
10:20 – 10:50	Coffee Break	
10:50 – 11:10	Not Just Small Adults: Nuances in the Pediatric Golden Hour	Dr. Debasis Das Adhikari
11:10 – 11:40	The Maternal Golden Hour: PPH to Collapse	Dr. B. Kanchanamala
11:40 – 12:10	The Tox Golden Hour: Early Diagnostic Strategies in Poisoning	Dr. V.V. Pillay
12:10 – 12:30	Doing More with Less: The Rural Golden Hour	Dr. Banhiam Carey Kharrngi
12:30 – 13:30	Lunch Break	
13:30 – 13:50	Engineering the First Hour: Overcoming ED Crowding	Dr. T.S. Srinath Kumar
13:50 – 14:10	Calm in the Chaos: Decision-Making Under Pressure	Dr. M. Rajadurai
14:10 – 14:40	panel discussion Unknown Poison, Unstable Patient: How Much Diagnosis Do We Really Need?	Dr. Hariprasad S.
		Dr. Amith Balachandran
		Moderator: Dr. Ravikar Ralph
14:40 – 15:00	Coffee Break	
15:00 – 16:30	Quiz - finals	Dr. Neeraj George Paul P. & crew
16:30 – 17:00	Valedictory session	





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SCIENTIFIC PROGRAM & COMPETITIONS

EM QUIZ

HERMIZ

Registration link will be provided on the conference website.

Crash Bay
CHRONICLES

SIMWAR

Registration link will be provided on the conference website.

RESEARCH & SCIENTIFIC PRESENTATIONS

- Oral Presentations
- Poster Presentations



CLINICOPATHOLOGICAL CONFERENCE

Registration link will be provided on the conference website.

ABSTRACT SUBMISSION

Link will be provided upon registration



IMPORTANT DATES



- Abstract Submission Opens: Aug-23-2026
- Submission Deadline: Sep-30-2026





ABSTRACT SUBMISSION GUIDELINES

CATEGORIES

Oral Paper Presentation

Poster Presentation

SUBMISSION RULES

- Maximum 2 submissions per presenting author (unlimited co-authorship permitted).
- Abstract word limit: Maximum 300 words (or 2,500 characters including spaces, whichever is specified for the category).
- Language: English; Submission format: PDF, DOC, or DOCX only.
- Tables, figures, graphs, and images are not permitted within abstracts.
- Previously presented or published abstracts must be declared during submission.
- Registration of the presenting author is mandatory for final acceptance.
- Acceptance is subject to review by the Scientific Committee. The Scientific Committee reserves the right to determine the final presentation format.

FORMATTING INSTRUCTIONS

- Use Times New Roman, 12-point font (or equivalent).
- Single-space all text throughout the abstract.
- Maximum length: 2,500 characters including spaces.
- Align text to the left margin; avoid indentation.
- Capitalize only the first letter of each principal word in the title.
- List authors using initials for first and middle names only.
- Underline author names continuously.
- Include institution, city, and state where the work was performed.
- Do not include academic degrees, titles, appointments, street addresses, or postal codes.

USE OF ABBREVIATIONS & DRUG NAMES

- Standard abbreviations are encouraged. Uncommon abbreviations should be written in full at first mention followed by the abbreviation in parentheses.
- Use numerals for numbers except when beginning a sentence.
- Generic drug names are preferred.





ABSTRACT SUBMISSION GUIDELINES *(continued...)*

STRUCTURED ABSTRACT FORMAT

- **Objectives:** State the purpose of the study or hypothesis. A brief introductory statement may precede the objectives if required.
- **Methods:** Describe study design, setting, participants, interventions, and methods of analysis.
- **Results:** Present key findings with sufficient detail to support conclusions.
- **Conclusions:** Clearly state conclusions supported by the data and acknowledge important limitations.

POSTER PRESENTATION GUIDELINES

SPECIFICATIONS & DIMENSIONS

- Orientation: Portrait
- Recommended Size: A0
- Height: 118.9 cm (46.8 inches)
- Width: 84.1 cm (33.1 inches)

RECOMMENDED FONT SIZES

- Title: 72–100 pt
- Authors/Affiliations: 36–48 pt
- Headings: 36–48 pt
- Body Text: 24–32 pt

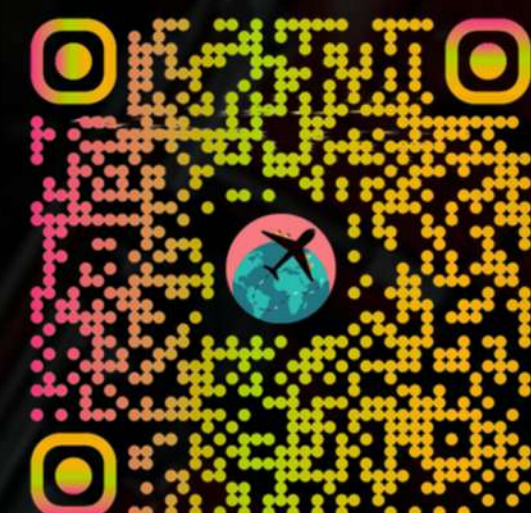
POSTER CONTENT STRUCTURE

- Title
- Author names & Affiliations
- Institutional logos (optional)
- Background
- Objectives
- Methods
- Results
- Conclusions
- References (optional)

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ORAL PAPER PRESENTATION GUIDELINES

PRESENTATION FORMAT

- Presentation time: 8 minutes
- Discussion/Q&A: 2 minutes
- Total allotted time: 10 minutes

PRESENTATION REQUIREMENTS

- PowerPoint format (.ppt/.pptx) only.
- Recommended 8–12 slides total.

CASE REPORT GUIDELINES (ORAL & POSTER)



Photo submissions must be accompanied by an "Unknown Case" write-up. Appropriate consent must be obtained where applicable, and images must be original and submitted by the authors.

CASE SUBMISSION INCLUSIONS

1. Chief Complaint
2. History of Present Illness
3. Pertinent Physical Examination Findings
(excluding findings visible in the image)
4. Pertinent Laboratory or Imaging Findings
5. One or two questions asking participants to identify:
 - *The diagnosis, and/or*
 - *The key clinical finding demonstrated in the image*
6. Correct Answer(s)
7. Brief Discussion of the Case
8. Explanation of the Clinical Findings
Demonstrated in the Image
9. One to Three Key Learning Pearls (bullet points)

SLIDE/POSTER FLOW (FOR CASE STUDIES)

- Title
- Background
- Objectives
- Methods
- Results
- Discussion
- Conclusion
- References/Acknowledgements (optional)





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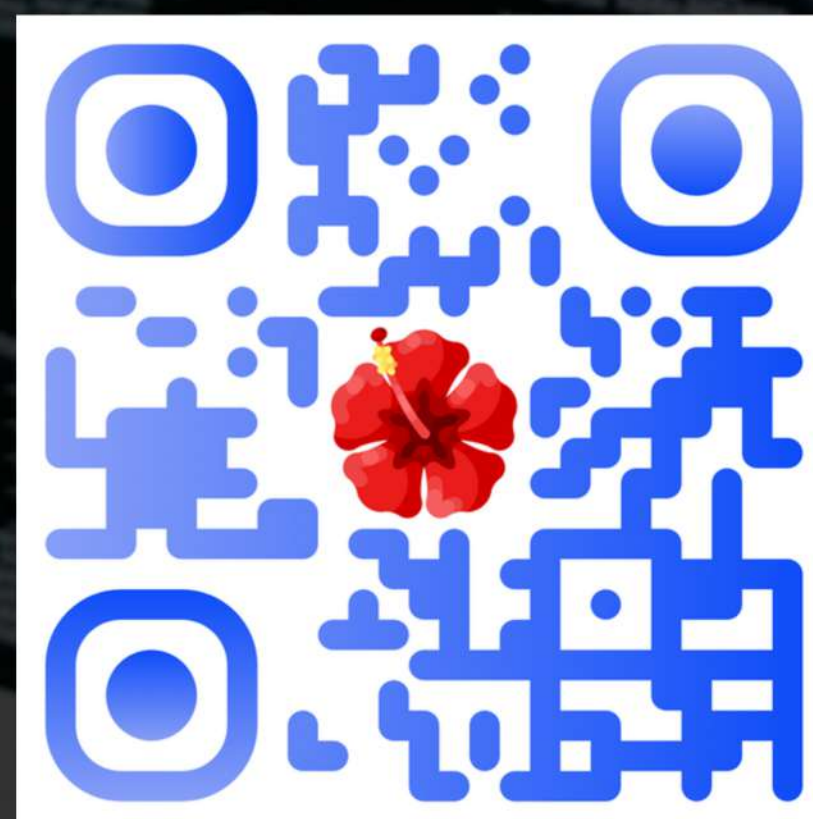
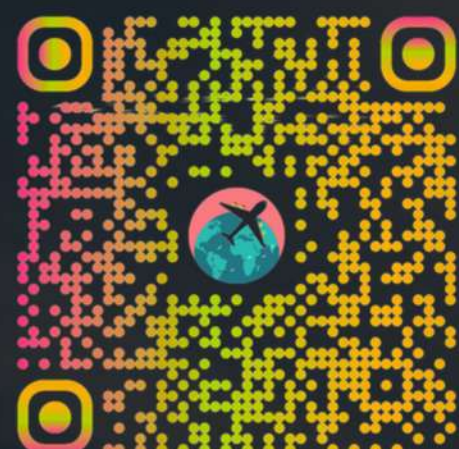
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PRE-CONFERENCE WORKSHOPS

WORKSHOP	DATE	FEE
Trauma Management (Nurses and Paramedics)	Nov 16, 2026	₹1,500.00
Trauma Management (Doctors)	Nov 16, 2026	₹2,500.00
POCUS	Nov 17, 2026	₹3,000.00
Mechanical Ventilation	Nov 18, 2026	₹3,000.00
Nerve Blocks <i>simulation models and/or cadaveric stations</i>	Nov 19, 2026	₹3,000.00

Last Date of registration: 15 Oct 2026

- Workshop registration is separate from conference registration.
- Workshop slots will be allotted on a first-come, first-served basis
- Nerve Blocks Workshop Includes ultrasound-guided nerve block training using simulation models and/or cadaveric stations.
- Visit website/QR for updates



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REGISTRATION & CONTACT

WHO SHOULD ATTEND

- PGs
- Doctors
- Nurses
- Paramedics
- EM Enthusiasts

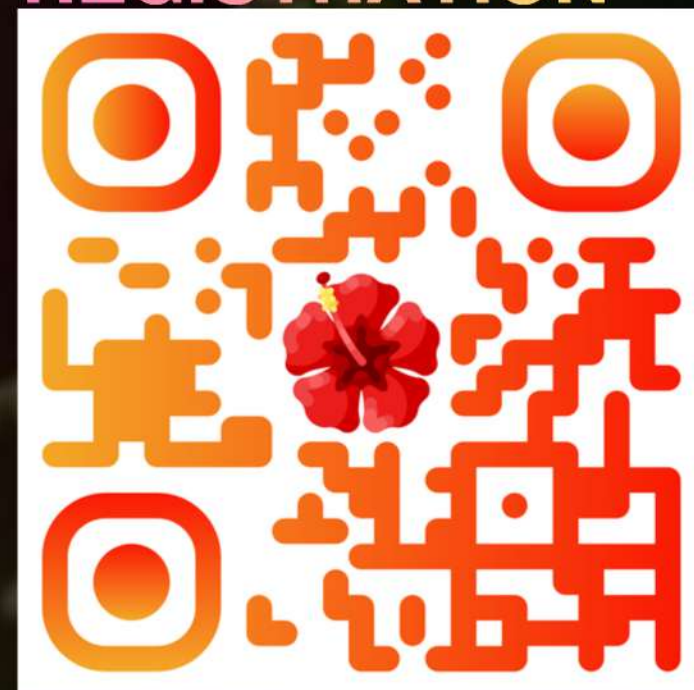
VENUE

Paul Brand Building
Christian Medical College, Vellore

IMPORTANT DATES

- Workshops: **16-19 Nov 2026**
- Conference: **20-21 Nov 2026**
- Early Bird Deadline: **Aug-15-2026**
- Workshop registration deadline: **Oct-30-2026**
- Abstract Submission Opens: **Aug-23-2026**
- Submission Deadline: **Sep-30-2026**

REGISTRATION



BY AIR

Chennai International Airport (MAA)

≈ 140 km | 2.5-3 hours by road

Taxi services available

OR

Train from Chennai → Katpadi Junction



BY TRAIN

Nearest Railway Station

Katpadi Junction (KPD)

≈ 7 km from CMC Vellore

Auto, taxi & buses readily available



BY ROAD

Well connected by frequent
Government & Private buses
from Chennai, Bengaluru,
Hyderabad and other major cities.



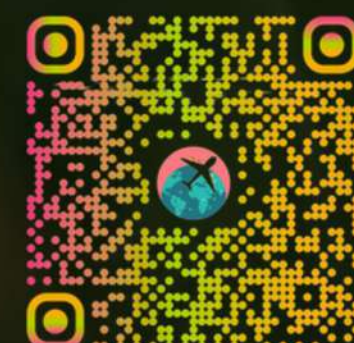
Venue

Christian Medical College, Vellore,
Tamil Nadu

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REGISTRATION & CONTACT

CATEGORY	OFFLINE		VIRTUAL	
	EARLY	LATE	EARLY	LATE
PGs & MBBS Students	₹4,000.00	₹5,000.00	₹2,000.00	₹2,500.00
Faculties & Other Doctors	₹5,000.00	₹6,000.00	₹2,500.00	₹3,000.00
Paramedic & Nursing Students	₹1,500.00	₹2,000.00	₹1,000.00	₹1,500.00
Paramedic & Nursing Faculty	₹2,000.00	₹2,500.00	₹1,500.00	₹2,000.00
International Attendees	\$125.00	\$150.00	\$75.00	\$95.00
Spot Registration	₹8,000.00		₹7,000.00	

CONTACT

Department of Emergency Medicine
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(Weekdays 9:00 AM – 4:00 PM)
emergency_medicine@cmcvellore.ac.in





Join us in redefining emergency care — where every
second matters and every decision saves lives.
We look forward to welcoming you to

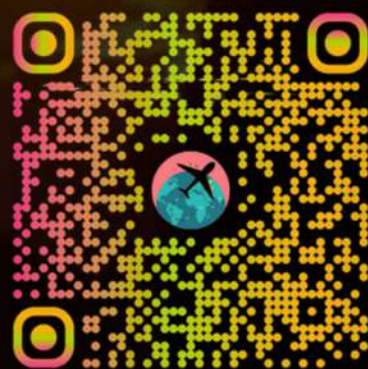
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